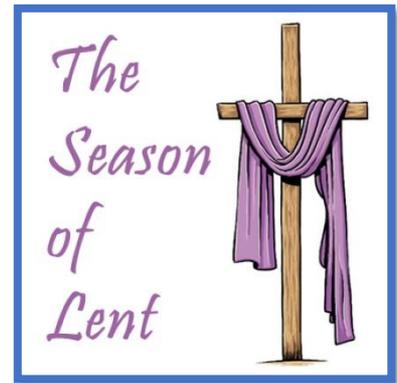




GLOWREY
CATHOLIC PRIMARY SCHOOL



Glowrey Catholic Primary School

17th March 2023

Dear Parents and Students,

Last Friday we celebrated 'Wellbeing Day' at Glowrey with Kaboom sports running an amazing session for all students and lots of fun buddy activities. Promoting positive student wellbeing is of the highest priority at our school. My thanks to our Student Wellbeing/Learning Diversity leaders Mrs Amanda Billington and Miss Julia Rocca for organising this day for the students.

Can I ask the assistance of all parents in ensuring that children are dressed in their correct school uniform including the correct school shoes. Runners are not permitted to be worn with the summer uniform and can only be worn with the sports uniform. A special reminder that as part of our uniform code only small studs or sleepers are able to be worn. Large earrings are unsafe in a school environment.

You may have noticed temporary fencing being put up this week in our yard which signals the start of construction of our new basketball court and four square courts. We anticipate this project will be completed in the coming months and look forward to these new facilities being available to our students.

A reminder that our 2024 enrolments are now open. If you have a child that will be starting prep next year please complete an application and return it to school. Interviews for preps for 2024 will be held next term.

Have a great weekend.

Yours sincerely,

Tim Kelly



TERM ONE SCHOOL CALENDAR

MARCH

Monday 27 th	Naplan Concludes
Tuesday 28 th	Reconciliation 6pm-7pm St Peter's Church
Wednesday 29 th	Year 4's swimming Year 5/6 Tee-Ball Gala Day
Thursday 30 th	Year 3 Incursion



APRIL

Thursday 6 th	Term One concludes 3.30pm
Monday 24 th	Term Two commences
Tuesday 25 th	Anzac Day Public Holiday – School Closed

St Patricks Day



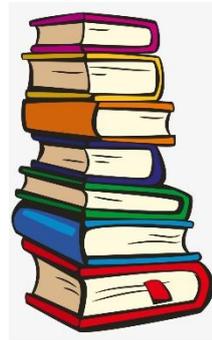
Today to celebrate St Patrick's Day, the Glowrey School Leaders and School Captains attended the Mass for the feast of St Patrick, the Patron Saint of the Archdiocese of Melbourne.



Literacy News







WELLBEING

On Friday 10th March the students at Glowrey enjoyed Wellbeing Day held at school. The day began with an incursion run by Gary and Larry from Kaboom Sports. Students spent the morning working with their buddy to complete games and activities which promoted leadership and teamwork as well as skills as well as resilience, cooperation and positive social interactions. It was also a great opportunity for the students to move their bodies and start the day in a fun and exciting way! The day continued with a range of activities such as investigating personal strengths, decorating Resilience, Rights and Respectful Relationships book and other mindfulness activities. Students enjoyed a shared lunch with their friends and buddies and were treated to an icy pole. Wellbeing Day was a fantastic day for all!

It was a really fun day! - Michaela 3RD

The games at the start of the day were very exciting! - Ating 3RD

My favourite activity was decorating our Respectful Relationships Books - Emily 2GS

Kaboom Sports was great! I loved all of the games - Jai 2GS

We had a blast, it was great to work with lots of other children at Glowrey - Valentina 6C

Wellbeing Day was a great way for the Year 6's to demonstrate leadership, during Kaboom Sport Activities - Ava 6C





Resilience, Rights and Respectful Relationships at Glowrey Catholic Primary School

What is Respectful Relationships and why is it important?

Respectful Relationships is a core component of the Victorian Curriculum from foundation to Year 12, and is being taught in all government and Catholic schools and many independent schools.

Respectful Relationships is about embedding a culture of respect and equality across our entire community, from our classrooms to staff rooms, sporting fields, fetes and social events. This approach leads to positive impacts on student's academic outcomes, their mental health, classroom behaviour, and relationships between teachers and students.

In the classroom, children will learn problem-solving skills, to develop empathy, support their own wellbeing and build healthy relationships with others.

When children build positive relationships with their teachers and peers they feel safer and happier at school, are more resilient and have positive social attitudes. Positive relationships also increase a child's sense of social connectedness and belonging which can result in better health and academic outcomes.

What does this look like at Glowrey?

At Glowrey, we will cover the following 6 topics;

Topic 1: Emotional Literacy

Topic 2: Personal Strengths

Topic 3: Positive Coping

Topic 4: Problem Solving

Topic 5: Stress Management

Topic 6: Help-Seeking

Prep's will cover all 6 units throughout the year.

Year 1-6 students will cover all 6 units across two years.



Emotional literacy

Understanding emotions helps students to understand themselves and other people.

We can do this by focusing on recognising, expressing and managing emotions.

Understanding emotions is key to building empathy and self-awareness.



Personal strengths

Help to build students' ability to recognise and understand positive qualities in themselves and others.

This will help to build your students' self-confidence and their capacity to face and manage challenges.



Positive coping

Provide opportunities for your students to discuss and learn different types of coping strategies.

This will increase your students' ability to manage stress, control impulses and overcome obstacles.



Problem solving

Students can develop their critical and creative thinking skills to explore different types of problems.

This can build your students' ability to make responsible decisions that consider the likely consequences of different ways of solving problems.



Stress management

Learn about different calming strategies to deal with stress.

This can help your students to cope with challenges they are facing now and in the future.



Help seeking

In these challenging times, it is important to normalise asking for help.

Students will learn to recognise situations in which to seek help, how to identify trusted people in their lives to ask for help and practice asking for and providing help.

Timetabled, explicit teaching of the 'Resilience, Rights and Respectful Relationships' learning materials will occur across each year level.

Program Support

- The Respectful Relationships Initiative is endorsed by Melbourne Archdiocese Catholic Schools (MACS). The MACS Wellbeing Unit has committed to providing our school with ongoing support around the delivery of the Respectful Relationships Initiative.
- Ongoing support will also be given from the Department of Education and Training which has allocated two program leaders for our school.
- All Staff will participate in ongoing Professional Learning.



GLOWREY
CATHOLIC PRIMARY SCHOOL



LJ Hooker Epping
9408 0300



GLOWREY
CATHOLIC PRIMARY SCHOOL

**ENROLMENTS
NOW OPEN
FOR 2024**

Open Day School Tours
14th March 9am - 1pm every half hour
23rd March 9am - 1pm every half hour



Tel: 8579 6505 | www.glowrey.catholic.edu.au