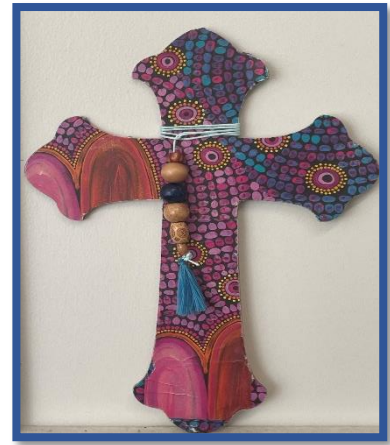




**GLOWREY**  
CATHOLIC PRIMARY SCHOOL



# Glowrey Catholic Primary School

16th September 2022

Dear Parents and Students,

Can I begin by thanking all of our students who have completed another successful term at Glowrey. The children should be commended for all of their hard work and efforts.

Thank you to all of our families who attended the parent/teacher interviews this week. It is an excellent opportunity for our staff to report student progress and set new learning goals for the remainder of the year.

Our new building and carpark extension is in the final weeks of construction and we are expecting this to be completed and handed over to us in the first week of November.

Finally, a huge vote of thanks to Mrs Daquino for filling the role of Acting Principal and doing an amazing job during my period of Long Service Leave. Wishing all of our families a wonderful vacation break.

Yours sincerely,

Tim Kelly  
Principal



# IMPORTANT DATES



Monday 3 <sup>rd</sup> October	Term 4 Commences
Thursday 13 <sup>th</sup> October	Year 1 Excursion – Science Works
Monday 31 <sup>st</sup> October	School Closure Day
Tuesday 1 <sup>st</sup> November	Melbourne Cup
Friday 4 <sup>th</sup> November	School Sports Carnival
Tuesday 22 <sup>nd</sup> November	Prep 2023 Orientation Day #1, 9:30am -11am
Tuesday 29 <sup>th</sup> November	Prep 2023 Orientation Day #2, 9:30am -11am
Tuesday 6 <sup>th</sup> December	Prep 2023 Orientation Day #3, 9:30am -11am
Thursday 8 <sup>th</sup> December	Christmas Carols
Tuesday 13 <sup>th</sup> December	Year 6 Graduation

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*All the very best to the Bride to be Mrs Prausello.  
We would like to wish both Michael and Fran all the very best  
on their Wedding Day.*



# Resilience, Rights and Respectful Relationships

At Glowrey we have timetabled, explicit teaching of the 'Resilience, Rights and Respectful Relationships' learning materials. This program is about embedding a culture of respect and equality in our school and wider community. The children learn problem-solving skills, to develop empathy, how to support their own wellbeing and build healthy relationships with others.

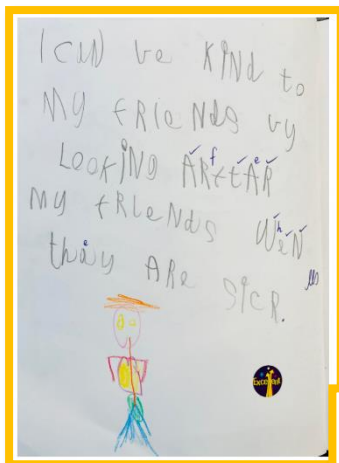
A Snapshot of what is covered in units 4 and 5

## UNIT 4 - Problem solving

Problem-solving skills are an important part of the coping repertoire. The classroom program provides a number of learning activities to develop students' problem-solving skills. The activities in the program assist students to develop their critical and creative thinking skills, and to apply them to scenarios exploring personal, social and ethical dilemmas.

## UNIT 5 - Stress management

Children and young people experience a range of personal social and school-related stressors in their everyday lives. Activities within this topic have an explicit focus on teaching positive approaches to stress management. Assisting students to recognise their personal signs and symptoms of stress, and to develop strategies that will help them to deal with stress effectively, will help students cope with future challenges. The activities focus on the ways in which self-calming strategies can be used to manage stressful situations.



### 3 Friendly or unfriendly decisions

TIME: 20+ MINUTES

#### Learning intention

- Students identify the effects on others when people make decisions that are not fair or kind
- Students reflect on how they make decisions and what the effects are on other students



Sharing toys with friends



Playing nicely with friends



Helping friends who are hurt



Saying kind things to our friends like "good job"

## 1 The melting tiger game

TIME: 10+ MINUTES

### Learning intention

- Students develop self-calming and self-control strategies

### Equipment

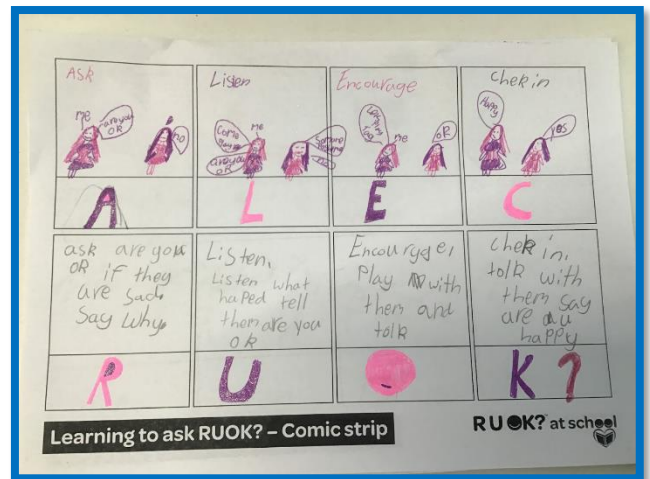
- Room to move

## 2 How stressful?

TIME: 10+ MINUTES

### Learning intention

- Students identify activities and events that make them feel stressed
- Students describe coping strategies



# RU OK?

Thursday the 8th of September was 'RU ok?' day.

This day promotes the idea that a **'conversation can change a life'**. It encourages us to look out for those around us.

It is based on the 4 simple steps of

1. **Ask - Are you ok?**
2. **Listen**
3. **Encourage action**
4. **Check in**

Teachers made use of resources from the 'RU ok' website to have a conversation with students about what this day symbolises.



# YEAR 1 - MATHS

This term in Mathematics we have been learning about Time. We have been exploring the concepts associated with a calendar such as the days of the weeks, months of the year, and the seasons.

We also learnt how to tell the time using a digital and analogue clock. We made our own analogue clocks to help us tell the time for o'clock and half past. We also used school learning clocks to model the digital time that matches with the analogue time. We completed a cutting and sorting activity to distinguish between o'clock and half past time.





## Year 3 and 4

### Excursion to the Yarra Valley Chocolaterie and Ice Creamery

On Monday the 9th of September we went on an excursion to the Yarra Valley chocolaterie and Ice Creamery. We went by bus. It was an hour and a 15-minute drive. We tasted Chocolate. The flavours were polka dots, lemon lime and mint, cookies and cream, hazelnut, strawberry, dark chocolate, and licorice. Next we got a tour of the outside of the place. They showed us farm animals that they own, there were cows, sheep, alpacas and goats.

After Leanne the person who owns the chocolate factory let us taste cacao nibs there were lots of disgusted faces. Next we made chocolate lollipops

there was a lot of candy. I got a sugar rush. We used melted chocolate, we also decorated the lollipops with candy. Next we had ice cream there were 24

flavours to choose from. Later we went to a park, we ate our lunch and then we played. We had lots of fun, it was exciting and delicious.

By Sasha 3K

There were butterfly feelings inside my tummy. I was feeling excited to taste ice cream and chocolate. I watched how chocolate was made from a cocoa bean, it was fantastic. I didn't get to feed the goats but I still liked it. Mmmmmm that ice cream tastes delicious, it's cold, it's yummy, I love it so much.

By Samrath 3RD



### *A Dream Come True*

It was here the day 3S goes to the Yarra Valley Chocolaterie and ice-creamery. At 9am when the bus left it was like a zoo. The bus was so loud! It was a long drive but it was worth it. When we arrived we saw the place it was huge!

First we had an informative talk. I was blown away that she said that the rock like raw chocolate is the best thing to eat and what's even cooler is that chocolate is actually fruit! She talked about how white chocolate actually doesn't have chocolate in it.

Then we made giant lollipops. First we took the chocolate out of the cylinder mould. Next we put the stick in and added all the toppings. I was so surprised how fast the chocolate turned from a liquid to a solid. I had to squish a gummy snake on quickly because it was turning solid too fast.

After that, we tasted the scrumptious ice - cream. I had cookies and cream. It was delicious. The ice - cream melted so fast I had a brain freeze.

Lastly, everyone didn't want to leave, we all wanted to stay. But we knew we had to go back to school, so we did. Luckily we got to take the lollipops home.

By Oliver Sharma 3S





My stomach was ready for chocolate and ice cream. I was so excited, same as everybody else. "La, la, la" people sang and we were all strapped up with seat belts. I felt like the bus driver was an angel. The windows looked like heaven.

By Leandro 3RD

My body was shaking from excitement and my hand was shaking with happiness. I couldn't wait to go inside. Then we made it to the chocolate factory. We saw all the chocolate's. We made delicious lollipops and then they froze them. My mouth was watering so I couldn't hold it back. It looked like my head had water inside. Then we went to taste the chocolate and there was something in my mouth, something sweet, something brown. It was delicious chocolate.



By Kunwar 3RD

Once we arrived my eyes popped out of my face  
I was in heaven. I saw lollies and chocolate, I couldn't wait  
to turn these into a giant lolly pop.  
Ugh I couldn't choose. There were so many options, I couldn't choose but my  
eyes were on Lemon Sorbet so I picked Lemon Sorbet and I got many brain  
freezes and teeth freezes.



By Owen 3RD

My head was going to explode with excitement about going to the world of  
delicious melted chocolate. Bump, bump, boing, boing as we stopped on a  
rainbow of little dollies.  
As I walked into this magical world of chocolate, I could imagine myself living  
with chocolate. Then I entered a box where we could MAKE A CHOCOLATE  
LOLLY POP!  
Mmmm chocolate, ruby, cookies and cream, freckle,  
slimy washing cream. Why does lemon and lime taste so bad?

By Japleen



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